



**Prevent Child Abuse Tennessee's
5th Annual Jingle Bell 5k
Shelby Bottoms Park, Nashville TN
Saturday December 12, 2009 9:00 a.m.**

Registration Fees: \$25 pre-registered before December 10th • \$30 after December 10th

Return Registration to: PCAT 4751 Trousdale Dr., Suite 201, Nashville, TN 37220

Fax: 615-383-6089 **Register Online at:** www.edgereg.com or www.pcat.org

- T-shirt guaranteed if registered by Dec. 4th
- Post race refreshments, awards, door prizes
- Registration begins promptly at 8:00 a.m
- Must be registered by 8:30 a.m
- Race begins at 9:00 a.m.
- Call PCAT for more information, 615-383-0994
- Certification # TN 01020 RH
- Course begins on Park Road

Registration and Waiver

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Sex: _____ Age on December 12, 2009 _____

Email Address: _____

Circle Shirt Size: Youth L Adult S M L XL XXL Fee: _____

In consideration for accepting my entry, I, for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims for damages I may have against Prevent Child Abuse Tennessee, its directors, officers, employees, agents and assigns, and any and all participating sponsors and supporters. I also release the above named for all claims of damages, demands, and actions in any manner due to any personal injuries, property damages, or death sustained as a result of my traveling to and from my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event. I hereby grant PCAT and all sponsors permission to use my name, photograph, and likeness in any broadcast, telecast, or media account of the event. In filling out this form, I acknowledge I have read and fully understand the terms of its agreement.

Signature: _____ Parent's Signature (if under 18) _____